

Fifteenth Annual Cystic Fibrosis Nutrition and Social Work Consortium
April 3rd-5th, 2023
The Brown Hotel
Louisville, KY

Monday, April 3rd

2:00 pm to 4:00 pm Gallery Ballroom	Meet and greet: ice breaker activities Come meet other attendees through some fun pre-meeting activities! Light snack included
4:30 pm to 7:00 pm Bluegrass Room and South Lobby	Registration, welcome reception and meet the vendors <i>Enjoy dinner and drinks as you visit the vendors</i>
7:00 pm to 8:00 pm Crystal Ballroom	Welcome and Award presentations Meet the board, local planning committee, and learn more about Louisville and Kentucky. 2023 RD and SW awardee presentations.

Tuesday, April 4th

7:00 am to 8:30 am Broadway A-C	Regional CF roundtables: Enjoy breakfast with other RDs and SWs in your state or region of the country (table assignments based on final registration)
8:30 am to 8:45 am Crystal Ballroom	Announcements
8:45 am to 9:45 am Crystal Ballroom	Lecture: Keynote presentation <i>Swimming in Troubled Water</i> Nicholas Kelly MS, RD, LD
9:45 am to 10:45 am Bluegrass Room	Break and View Exhibits
10:45 am to 11:30 am Crystal Ballroom	Lecture CFF: <i>CF Care and Outcomes in Low and Middle Income Countries: Challenges and Opportunities</i> Albert Faro, MD <i>Cystic Fibrosis Foundation</i>
11:30 am to 12:45 pm Broadway A-C	Lunch
12:45 pm to 1:45 pm Crystal Ballroom	QI presentations: (20 min review of project w 10 min Q&A) <i>Adolescent Sexual & Reproductive Health: From QI Project to Care Center Implementation</i>

	<p>Shari Willy RD, LDE and Elysia Williams, LCSW <i>University Of Louisville</i></p> <p><i>Taking Baby Steps to Improve Education for Families of Newborns Diagnosed with CF</i></p> <p>Alisa Gray, LCSW; Megan Koons, RDN, CSP; Judy Fulton, MPH, RDN <i>Children's Hospital Colorado</i></p>
1:45 pm to 2:30 pm Crystal Ballroom	<p>Lecture: <i>BIAS training</i></p> <p>Cynthia Benedict <i>Norton Healthcare</i></p>
2:30 pm to 3:15 pm Crystal Ballroom	<p>Lecture: <i>Clinical Implications of the Gut Microbiome in CF</i></p> <p>Senthil Sankararaman MD, FAAP <i>UH Rainbow Babies and Children's Hospital</i></p>
3:15-?	<p>Free Time: Visit Louisville: Tours/meals: Hang out with the locals, other attendees and vendors! We will organize tours (based on interest) to Kentucky Derby Museum, Louisville Slugger Museum and Factory, Old Louisville Ghost Tour, and bourbon distilleries Angel's Envy, Old Forester, and Rabbit Hole, and will also have dinner presentations and dinner focus groups (TBA) as options</p>

Wednesday, April 5th

7:00 am to 8:00 am Broadway A-C	Breakfast Roundtables
8:00 am to 9:30 am RD: Crystal Ballroom SW: Gallery Ballroom (16 th floor)	<p>Break-out: open discussion</p> <p>RDs (Kay Vavrina RD, LD, CNSD, CACFD, Liz Reid MS, RDN, LDN, Gretchen Garlow MS, RD, LDN) role of RDs in clinic and greater CF and EPI community; consortium activities for advancing the role of RDs, 'health coaching', vitamin dosing, and promoting positive body image</p> <p>SWs (Chandra Gordon LMSW, Elysia Williams LCSW, Elizabeth White LCSW) managing difficult topics: addressing gender identity w pts/families and care teams, cultural sensitivity</p>
9:30 am to 11:00 am Crystal Ballroom	<p>Case Presentations: (15-20 min presentations and 10-15 min group Q&A)</p> <p><i>Caring for our Transgender CF population: RD and SW Considerations</i></p> <p>Kelly Stewart, MS RD and Amberlie Spadafora, LCSW MPH <i>University of Utah Hospital</i></p>

	<p><i>It Takes a Village: Team Approach to Teen Pregnancy, CF, and Other Serious Health Conditions</i> McKenna Rains, LSW and Emily Nageotte RDN, LD <i>University Hospitals Rainbow Babies and Children’s Hospital</i></p> <p><i>Disorganized Thoughts and Disorganized Eating: Severe Mental Illness, Malnutrition and Food Insecurity in a 26yo with CF</i> Maura Hagan, LCSW; Kimberly Altman, MS, RD, CDN <i>New York Presbyterian</i></p>
11:00 am to 11:15	Break
11:15 am to 12:15 pm Crystal Ballroom	Panel Discussion: <i>Family planning in ERA of HEMs</i> <i>Moderators: Kim Reno and Shayla Wilson and Denise Flores</i>
12:15 pm	Adjourn

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